

SORAGA 
2011 AIKI ❖ KEN ❖ JO

ALPINE BUDO SEMINAR 2011
XII TRADITIONAL JAPANESE MARTIAL ARTS
INTENSIVE SEMINAR

June 23 – 24 – 25 – 26, 2011

Soraga, Val di Fassa (Tn), Italy

*With the 2011 edition, the Alpine Budo Seminar marks its twelfth anniversary: indeed, it is since the year 2000 that we renovate this International meeting revolving around the practice of the traditional Japanese martial disciplines under the masterful direction of **Malcolm Tiki Shewan, Pascal Krieger and René Vandrogenbroeck ('VDB')**. An appointment traditionally characterized by a special blend of quality in training, hospitality, and sharing. Under the guidance of our historical teachers and enjoying once again the presence of many expert practitioners, we will pursue the study of common principles and characteristic techniques of **Aikido, Aikiken, Iaido and Jodo**, while enjoying the hospitality of the homely Hotel Sayonara in Soraga, recently renovated in its cosy wellness center. We look forward to your joining us again in the magnificent Dolomite scenery of Val di Fassa for another intense experience of practice and friendship.*

Lorenzo Trainelli



Summary of the event

Practice

The **Alpine Budo Seminar** incepted twelve years ago from the desire to bring together the practice of *Aikido*, of the sword arts (*Aikiken/Kenjutsu* and *Iaido*) and of *Shinto Muso-ryu Jodo* (the Way of the Stick) in a four-days ‘full-immersion’, following a model already experimented in one among the most important European *Budo* seminars, the “Stage des Iles” in Cannes, France.

The seminar is directed by three of the most renowned European experts: **Renè VanDroogenbroeck** (a.k.a. “VDB”), *Aikido* VII Dan and expert in *Iaido* and other disciplines, **Malcolm Tiki Shewan**, *Aikido* VI Dan and deeply versed in *Iaido* and *Kenjutsu*, and **Pascal Krieger**, *Shinto Muso-ryu Jodo Menkyo Kaiden* (the highest rank in traditional schools) and expert in *Iaido* and *Judo*. In addition to their extraordinary technical mastery and long-time didactical association, these teachers have touched the heart of the practitioners for their rich personalities, openness, and dedication.

The proposed work will combine an introduction to each discipline with its own peculiarity with an emphasis on the unity of principles underlying different forms of *Budo*, on the basis of a specific theme, acting as the “fil rouge” of the whole seminar.

Furthermore, for the first time it will be possible to get an introduction to the *Ryushin Shochi-ryu* school of *Iaijutsu*, thanks to **Daniel Leclerc**, *Renshi* (certified teacher) and responsible for Europe of the school, in addition to his broad expertise in *Aikido*, *Iaido* and *Jodo*, well known to all the seminar aficionados.

Location

Hotel Sayonara ☆☆☆, Via Molin 2, 38030 Soraga (Val di Fassa, TN), Italy – Tel. +39.0462.768107 – Fax +39.0462.768162 – E-mail: info@hotelsayonara.net – Internet: <http://www.hotelsayonara.net/>

Dates and time schedule

Opening on Thursday, June 23rd, at 2:00 pm – Closing on Sunday, June 26th, at 1:00 pm.

Participation conditions

We propose the participants a full “package” including:

- practice of the arts: *Aikido*, *Aikiken/Kenjutsu*, *Iaido* and *Jodo* for about **18 hours total**;
- lodging in double, triple, 4-bed rooms as appropriate;
- all meals from Thursday evening dinner to Sunday breakfast;
- free use of the hotel recently renovated relax facilities.

Variations for a reduced participation, accompanying persons and children are available. For details concerning each solution see the following pages and/or contact the organizer (below).

Organization and information

Lorenzo Trainelli mob. +39.340.6985428 – email lorenzo.trainelli@gmail.com

Technical programme

Planning

Practice starts on Thursday, June 23rd, at **3:00 pm** and closes on Sunday, June 26th, at **12:30 pm**.

About **18 hours of practice** are envisaged, a part of which in common classes, another in parallel courses, in the following disciplines: *Aikido*, *Aikiken* with elements of classical *Kenjutsu*, *Iaido* (*Muso Shinden-ryu* and possibly other schools), *Shinto Muso-ryu Jodo*.

Weapons practice will take place **in the open air**, in the hotel garden, while *Aikido* and *Iaido* practice will be held in a modern hall equipped with *tatami*, also within the hotel premises.

The **detailed programme** will be settled on-the-spot: in addition to practice and resting time, it will include the traditional conference on **Japanese calligraphy** (*Shodo*) by P. Krieger, *Shodo Shiban*.

Saturday morning, given suitable weather conditions, a **mountain practice session** is scheduled, in a nearby valley at 2000 m. A meal – fully arranged by the hotel – will be served on place.



Equipment

It is mandatory to bring, together with a few *keikogi* and the **weapons** (*bokken*, *jo*, *tanto*, possibly *iaito*), the minimal equipment for a **mountain walk** (trekking boots, wind coat, small rucksack, etc.). Sunglasses and a peaked cap may be useful for **outdoors** practice. Please consider the possibility of variable weather conditions in an alpine climate setting.



General information

Lodging

The seminar will take place at the **Hotel Sayonara** ☆☆☆ in Soraga (In), close to Moena, at the beginning of beautiful Val di Fassa, at 1200 m height. The hotel offers

- **rooms** with private bathrooms, safe, telephone, TV, hair dryer, etc.;
- bar, tyrolean-style stube, game room;
- a **refined cuisine**, including various choices;
- a **fully renovated wellness center**, included in the full board, complete with whirlpool with waterfall, sauna, Turkish bath, tropical aromatic shower, cave with iced waterfall, warm hay-perfumed bench and relax area (plus a coin-box UVA solarium).
- **gymn hall** and a wide **garden**;
- **family hut** at the Conca di Fuchiade (1900 m, close to S. Pellegrino Pass).

For further information:

<http://www.hotelsayonara.net/>

Mandatory reservation procedure

Those interested in the seminar should contact the organizer **as soon as possible**.

An advance payment of 50 Euro will be requested for each participant (practitioners and non-practicing guests alike).

Please send an **email message** to the address: lorenzo.trainelli@gmail.com writing the full names and ages of all the participants in the group, possible family connections, dates and times of arrival and departure, and telephone number.

Specific needs

At the time of reservation, please communicate possible personal requirements (ex. vegetarian, additional nights, baby cradle, etc.).

Participation fees

Practitioners

The full “package” includes:

- practice of the disciplines: *Aikido*, *Aikiken/Kenjutsu*, *Iaido* and *Jodo* for about **18 hours total**
- lodging in double, triple, 4-bed rooms as appropriate
- all meals from Thursday evening dinner to Sunday breakfast
- free use of the hotel relax facilities.

Complete seminar: **290 Euro**

The seminar is conceived to be attended in its entirety. In case this is not possible, please contact the organizer as soon as possible.

Non practicing guests

Accompanying persons can take advantage of **reduced** participation fees. Also, **further reductions** apply for children, according to their age. Please contact the organizer for detailed information.

Balance payment

Due to organizational needs, the rest of the participation fee **must be paid in cash** to the organizers within Saturday, June 25th, at 12:00 pm. Please note that credit cards, bank cheques or other forms of payment will **not** be accepted.

Directions

Hotel Sayonara is easily reached by car: from the A22 motorway exit “Egna-Ora/Neumarkt-Auer”, follow signals for Cavalese, Predazzo, Moena, up to Soraga. For further information, including public transportation and touristic enquires, please visit the website <http://www.fassa.com/>

Teachers

Malcolm Tiki Shewan

Aikikai VI Dan, student of Tamura N. Shihan since 1964 and of other students of the Founder M. Ueshiba, and expert in *Kenjutsu*, *Iaijutsu* and *Iaido* of various classical schools, also studied during prolonged stays in Japan. Technical Director of the European Iaido Federation (FEI-EIF), *Renshi* of Ryushin Shochi-ryu Europe and Technical Adviser of Mutokukai Europe, he is also versed in traditional Japanese sword forging. Author of the bilingual English/French book on the *Iaido* of the Muso Shinden-ryu tradition entitled "*Iaido, l'Art du Sabre Japonais/The Art of Japanese Swordmanship*".



M. Tiki Shewan

René Vandrogenbroeck ("VDB")

One of the most renowned European instructors of *Aikido* and *Budo*: VDB started his practice in 1964 under Tamura N. Shihan, studied in Europe and Japan with teachers of international fame such as Saito M. Shihan (also as *uchideshi* at the Iwama Dojo), Tada H. Shihan, Noro M. Shihan. National Technical Adviser of Aikikai de France (FFAB) for many years and Vice-technical Director of the European Iaido Federation (FEI-EIF), in addition to a VII Dan in Aikido, has over 20 years of background in *Kendo*, *Iaido* and *Jodo*.



René VDB



Pascal Krieger

Student of the 25^o headmaster of Shinto Muso-ryu *Jodo*, Shimizu Takaji, since 1969, and after of Nishioka Tsuneo Sensei, in 1996 he received the *Menkyo Kaiden*, the highest teaching license in this art. Technical Director of the European Jodo Federation (FEJ-EJF), he also practices *Judo*, *Iaido* and the weapons associated to *Jodo*: *tanjo*, *kusarigama* and *jutte*. He is also a deep expert in *Shodo*, the "Way of calligraphy", in which he holds the highest qualification (*Shihan*). Author of the bilingual book on *Shinto Muso-ryu* entitled "*Jodo, la Voie du Bâton/The Way of the Stick*" and of the trilingual book on the relation between *Budo* and *Shodo* entitled "*Ten-jin-chi*" (Heaven-Man-Earth).

Pascal Krieger

